

Lunch Menu

Beginnings

Onion Soup, sweet onions simmered with beef consommé, baked in an onion cup with fresh croutons and Gruyere cheese. **7**

Bruschetta, marinated tomatoes with basil, fresh Mozzarella cheese, prosciutto ham, and crostini croutons. **7**

Tomato Capri Pizza
Marinated plum tomatoes, with garlic olive oil basil, topped with fresh mozzarella cheese. **8**

Fish & Chips, dipped in a beer batter, served with chipotle tartar sauce. **11**

Lump Crab Cake, grilled to golden brown, served with roasted red pepper sauce. **10**

Shrimp Scampi, sautéed large shrimp with olive oil, garlic, plum tomatoes, and Chardonnay wine sauce. **11**

Salads

Fried Chicken Salad, baby greens, tossed with chipotle ranch dressing, topped with pan fried chicken breast. **13**

Tropical Shrimp Cobb Salad, baby greens tossed with orange walnut vinaigrette dressing, topped with large shrimp, papaya, pineapple, avocado, cashews and Monterey Jack cheese. **16**

Salmon Salad, baby greens, julienne vegetables, tossed with honey mustard dressing, topped with blackened salmon. **16**

Greek Salad, plum tomatoes, red onion and Feta cheese, tossed with lemon oregano dressing, served with whole wheat toasted points. **8**

Beef Tenderloin Salad, mixed greens tossed with plum tomatoes, cucumbers, and balsamic vinaigrette, topped Gorgonzola cheese and beef tenderloin. **16**

Chef Salad, mixed greens topped with julienne ham, smoked turkey, American and Swiss cheeses, hard boiled eggs, tomatoes and cucumber, served with your choice of dressing. **13**

Sandwiches

Philly Sandwich, thin slice of rib eye grilled with sweet peppers, onions and mushrooms, served on Italian bread. **13**

Pretzel Roll Reuben Sandwich, thin slices of corned beef, grilled with sauerkraut, topped with Swiss cheese and Thousand Island dressing. **12**

Parmesan Chicken Sandwich, pan fried chicken to golden brown topped with mozzarella cheese served on Italian bread, and tomato basil sauce. **12**

Turkey Wrap, smoked turkey, mixed greens, Hummus, plum tomatoes and avocado, wrapped in a low-carb flour tortilla. **11**

Pastrami Sandwich, thin slices of pastrami beef top toasted dark rye bread served with sweet potatoes fries. **12**

Cheddar Burger grilled your way with Cheddar cheese, topped with avocado and served with fries. **12**

Chicken Caprese Sandwich grilled chicken breast, topped with plum tomatoes, fresh Mozzarella cheese and basil pesto sauce, served with fries. **13**

Patty Melt, choice ground beef grilled with onions and topped with American cheese, served with sweet potatoes fries. **12**

Tuna Melt, tuna salad topped with melted American cheese, served on a grilled English muffin and served with sweet potatoes fries. **11**

Chicken Quesadilla, grilled flour tortilla with chicken, onion, sweet peppers, and Mozzarella cheese. **10** **Steak 11**

Signature Entrees (Small Plates)

Meatloaf, baked to perfection, with shallots and mushrooms, served with mashed potatoes and a Merlot wine sauce. **14**

Vodka Ravioli, large cheese ravioli simmered in a light tomato vodka sauce. **14**

Chicken Parmesan, pan fried to golden brown topped with our tomato basil sauce and fresh Mozzarella cheese. **15**

Signature Entrees (Large Plates)

Traditional B-B-Q Ribs, baked to perfection, served with mashed potatoes. **19**

Cedar Pine White Fish, baked on cedar pine with Fresh herbs, served with root vegetables. **18**

BC Bistro Chicken Breast, grilled with red onions, mushrooms and spinach, served with mashed sweet potatoes. **18**